

## Teen Mentoring in Schools Collaborative Community Network: North Cohort Series

Presented By: **Caroline Gosling**

Fee: **\$0.00** (Includes lunch at in person sessions)

### Date(s) & Time(s)

November 16, 2021: 1:30 PM - 3:30 PM

January 19, 2022: 4:00 PM - 5:30 PM

April 12, 2022: 4:00 PM - 5:30 PM

May 31, 2022: 10:00 AM - 2:30 PM

### Venue:

Online -

Online -

Online -

To be determined -

## About the Session

AUDIENCE: MIDDLE & HIGH SCHOOL ADMINISTRATORS, EDUCATORS AND COUNSELLORS ARE ENCOURAGED TO ATTEND.

Are you looking for a way to develop healthy relationships, and leadership for your students while also supporting their mental wellbeing? As we return to schools many students will be feeling disconnected and disengaged. Teen mentoring can help to create connections and has been shown to increase academic achievement, positive mental health and decrease unhealthy behaviours in both the 'mentor' and 'mentee'.

The objective of this Collaborative Community is to support regional and provincial networks of school-based mentoring educators and mentoring organisations and to provide the framework for a sustainable teen mentoring network.

For this purpose, supported by a grant from an anonymous funder in partnership with the Alberta Mentoring Partnership (AMP), AMP is offering a variety of opportunities to develop and strengthen teen mentoring in schools. This includes:

[October 20<sup>th</sup> Mentoring in Schools Summit - Supporting Adolescent Mental Health Through Strengthening Webs of Support](#)

[September 22 - Mentoring in Schools 101](#)

December - Webs of Support and Other Forms of Informal Mentoring (coming soon)

February 23 - Intergenerational Mentoring in Schools (coming soon)

May 3 - Planning Your Mentoring Initiative (coming soon)

Part of the Collaborative is supporting provincial and regional cohorts. This series is a year long engagement, although you can sign up at any time! This enables schools and agencies and organizations to connect and share on an ongoing basis.

Cohort series:

- Regional session - November 16 10:00– 2:30pm (if in person, 1-3:30 if virtual; confirmation will be sent to participants closer to the start date)
- Provincial Webinar - January 19 4:00 – 5:30 (virtual)
- Provincial Webinar - April 12 4:00 – 5:30 (virtual)
- Regional session - May 31 10:00 – 2:30 (in person)

Participants are invited to register at any time and do not have to have attended previous webinars or workshops.

***It is strongly recommended that you register for the series with your closest regions name in the title to ensure you are in the cohort that best suits your context.***

Through ongoing engagement in the Collaborative Community, participants will come together to share their experiences,



successes, challenges and recommendations in regards to school-based mentoring.

We also encourage you to check out the Teen Mentoring in Schools Collaborative Community Network Portal, where you can connect with other schools, and school based mentoring agencies and organizations to share resources, activity ideas, and create ongoing discussion threads. Sign up here: <https://schoolnetwork.albertamentors.ca/login/index.php>

## About the Presenter(s)

**Caroline Gosling** recently retired after 35 years as an educator with Edmonton Public Schools. During that time she taught at elementary, junior and senior high, was a behaviour consultant, a principal at a variety of schools and spent time seconded to both Alberta Children's Services and Alberta Education. Here her work focused on supporting students and families who are vulnerable and creating welcoming, caring, respectful and safe learning environments. During her last secondment Caroline's main area of focus was mentoring, including supporting the Alberta Mentoring Partnership and setting up a Corporate Mentoring initiative at Alberta Education. Caroline holds a Masters degree in Educational Leadership and more importantly is a mom and for the last six years, has been a Big Sister, learning about mentoring by 'doing'.

