

Trauma Informed Practice



PRESENTED BY

Crystal Pelletier

SERIES SESSIONS

Date	Time
March 04, 2020	4:30 PM – 6:30 PM



LOCATION

**FFCA - Learning Centre - 110 - 7000
Railway St. SE**

FEE

\$15.00

QUESTIONS?

Contact Us:

crc-register@arpcd.ab.ca
403-291-0967

REGISTER ONLINE

Visit our website to register:
crpcd.ab.ca

Program

TARGET AUDIENCE: K-12 TEACHERS, EDUCATIONAL ASSISTANTS AND LEARNING COACHES ARE ENCOURAGED TO ATTEND

Understanding the effects of trauma in childhood is essential for creating a welcoming, caring, respectful, and safe learning environment. Focusing on healthy relationships and positive discipline can improve student engagement and school culture.

In this session, we will explore how trauma or adverse experiences affect the brain and lives of students and how we can create safe environments. Discuss safe and caring ways to support students in handling emotions, regulating, and relating to others.

In this session we will:

- Understand brain development and how it impacts learning and behaviour
- Explore the role of self-regulation and co-regulation as tools to support students
- Discuss the promotion of healthy relationships as a whole school approach to creating safety and belonging for all.

Presenters

Crystal Pelletier

is a Designer of Professional Learning with the Calgary Regional Consortium. In this role, she has supported the Education for Reconciliation gatherings and Inclusive Education professional learning. Crystal also leads undergraduate Bachelor of Education courses on Inclusion at local Universities. Previous to this, she spent over 17 years as a Teacher, Inclusive Education Planning Tool (IEPT) Pilot coach, and then Instructional Coach with Fort McMurray Catholic School Division. Crystal believes that we can support all learners and craft learning opportunities that build in choice and trust every step of the way.



**Providing Quality Professional Learning
Opportunities to K-12 Education Staff**