

# Learning through Doing: Embedding Indigenous Ways of Knowing in the Health & Physical Education Curriculum

**PRESENTED BY****Donna Ross & Denise Peterson****SERIES SESSIONS**

Date	Time
January 29, 2019	9:00 AM - 11:30 AM

**LOCATION****St. Leo Centre - 6220 Lakeview Drive SW****FEE****\$15.00****QUESTIONS?****Contact Us:****[crc-register@arpc.ab.ca](mailto:crc-register@arpc.ab.ca)  
403-291-0967****REGISTER ONLINE****Visit our website to register:  
[crpcd.ab.ca](http://crpcd.ab.ca)**

## Program

**AUDIENCE:** This session is designed for K-12 health, and physical education classroom teachers, Indigenous liaison staff, learning coaches and members of the learning community committed to acquiring practical project-based learning strategies that incorporate Indigenous ways of knowing and learning. Resources will be shared.

How can your 'wellness education' learning community come together to create the understanding necessary to support **Education for Reconciliation**?

This opportunity will coach educators to establish goals in wellness education founded on the premise that learning communities inclusive of Indigenous Foundational Knowledge create and promote lifelong commitment to education for reconciliation.

### A Practical Classroom Approach

Educators have articulated the need to incorporate practical approaches into classroom practice as a means to achieving the outcomes identified in the Truth and Reconciliation Calls to Action. Participants in this session will:

#### **Have the opportunity to:**

- Practice 'hands on' three-dimensional curriculum strategies in traditional dance, Indigenous games and outdoor pursuits
- Learn the knowledge, skills and concepts related to Indigenous experience
- Create concept-based units based on Indigenous principles of teaching and learning

- Build assessment strategies that honor Indigenous values
- Weave ways of Indigenous knowledge to enrich your classroom's health and physical education programs

*This learning opportunity is being offered through grant funding from Alberta Education.*

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## Presenters

### **Donna Ross**

is a 32-year educator. She is Cree Métis from Saskatchewan and member of the One Arrow First Nation, Treaty Six territory. Donna began her teaching career as a classroom teacher with Tsuut'ina Nation and continued to support First Nations learners in subsequent positions with Siksika and Stoney Nakoda Nations, and is currently an Indigenous Designer of Learning with the Calgary Regional Consortium. Donna brings passion and a deep knowledge of First Nations, Métis, and Inuit histories, the impact of residential schools, and the embedding of Indigenous ways of knowing into Alberta curriculum and organizational culture. She is also a proud kokum!

### **Denise Peterson**

Denise Peterson (B.Ed., M.Ed.) has been a teacher, Principal and Educational Consultant for nearly four decades. She was Principal of an Elder-directed partnership school with Siksika Nation and Golden Hills School Division which was awarded the Premier's Award of Excellence in Innovation. She is a tipi holder, the recipient of a Blackfoot name and has received an Excellence in Education Award from the Siksika Nation. In her role as Councillor for the Town of Strathmore, she was an inaugural part of instituting the Siksika/Strathmore Anti-Racism Initiative. In 2023, in recognition of her work in advocacy, she was a recipient of the Queen's Jubilee medal. Denise's Blackfoot name is mamiaitsikimi. She is dedicated to the tenets of Truth and Reconciliation and understands the essential importance of honoring Indigenous Knowledge through stories of lived experience and authentic voice.

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**Providing Quality Professional Learning  
Opportunities to K-12 Education Staff**