

Prepare to Share with Parents: Self-Regulation "Calm, Alert, and Ready to Learn"

**PRESENTED BY****Krystal Abrahamowicz****SERIES SESSIONS**

Date	Time
November 19, 2018	4:30 PM - 6:00 PM

**LOCATION****FFCA - Learning Centre - 110 - 7000
Railway St. SE****FEE****\$15.00****QUESTIONS?****Contact Us:****crc-register@arpcd.ab.ca
403-291-0967****REGISTER ONLINE****Visit our website to register:
crcpd.ab.ca**

Program

TARGET AUDIENCE: SCHOOL LEADERS, INCLUSION LEADERS AND GUIDANCE COUNSELORS ARE ENCOURAGED TO ATTEND

The parent booklet "Calm, Alert, and Ready to Learn" is based on the work of Dr. Stuart Shanker and his book for educators, "Calm, Alert, and Learning: Classroom Strategies for Self-Regulation".

In this one & half hour session, participants will have the opportunity to review the parent booklet and accompanying presentation that they can use in their own settings with suggestions of how they might use it to provide support to the parents they work with. This is a training session for those that work with parents as they prepare to offer this learning opportunity to their parent communities.

This learning opportunity is being offered through curriculum implementation funding from Alberta Education.

Presenters

Krystal Abrahamowicz

is currently the Coordinator of Inclusion for Foundations for the Future Charter Academy. With extensive background and training in gifted education, and many years of experience supporting diverse learners, Krystal is a passionate

believer that every student can experience success at school. Krystal has extensive experience with adult professional learning, serving as the Executive Director for the Calgary Regional Consortium (CRC) from 2019 - 2022. During her time with the CRC, she authored the *Supporting High School Completion a Tool Kit for Success* resource and had a key role in developing the Implementation and Planning Tool in the Government of Alberta Resource *Working Together to Support Mental Health in Alberta Schools*, as well as the ARPDC *Weaving Ways* resource which supports teachers in including Indigenous knowledge systems in their practice.

Registration Notes

Participants will receive a sample parent magazine.



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